

### Before you start your first patient...

1. **OrthoPulse™ devices need to be activated using the OrthoPulse™ app before they can be delivered to patients.** You will need to have a dedicated mobile device. Apple iOS device requirements are iPhone 4S, iPad (3rd gen.), iPad mini, or iPod Touch 3 or later; with iOS7 or higher. Android devices require Android 4.4 or higher. Many offices find that the iPad mini is an ideal device.
2. **Download the OrthoPulse™ app from the Apple App Store or Google Play Store on your device if you have not already done so.**
3. **Sign into the app using your OrthoPulse™ ID and password** that you chose when you set up your OrthoPulse™ account in the Store. If you do not have an OrthoPulse™ ID, you need to go to [orthopulse.com/store](http://orthopulse.com/store).
4. **Charge the OrthoPulse™ overnight to ensure that the device is fully charged before delivering it to a patient.** Devices are shipped in the locked charging case. To unlock, flip the case over and disengage the sliding lock. A green status light indicates that the device is ready for treatment; a yellow status light indicates that the device does not have enough charge for a treatment. A full charge is indicated when the status light turns off after pulsing green during charging.

### Starting an OrthoPulse™ patient...

1. **Add the patient to the app** by tapping “+” and filling in all required patient information; tap “Add” when finished. We recommend that this is done while the patient is in the chair as the patient will receive an automatic welcome email with their own OrthoPulse™ ID and a link to the OrthoPulse™ app.  
**A message will appear with directions to place the OrthoPulse™ in Bluetooth® mode.**
2. **Pick up the OrthoPulse™ and place it back on the charging case.** This initiates Bluetooth® mode, indicated by a solid purple status light. The device will be available to sync for 60 seconds. OrthoPulse™ will automatically sync with iOS devices (indicated by a pulsing purple status light). For Android, you will need to choose “Tap to Sync” at the bottom of the patient screen. If the purple status light turns off, lift up the device and place it back on the charging case to re-initiate the Bluetooth® mode.

**Tip:** If you have trouble syncing the device you may still deliver it to the patient. Please record the serial number of the device and contact [support@orthopulse.com](mailto:support@orthopulse.com) to troubleshoot and pair the device remotely.

3. **Demonstrate for the patient how to use OrthoPulse™;** this could be a 10-second partial treatment on one arch or a full 10-minute treatment. We recommend that you have the patient watch the “How to Use and Care” video and review the “Quick Start and User Guide”, which are available at [orthopulse.com/go](http://orthopulse.com/go). OrthoPulse™ is a 5-minute treatment per arch for a total of 10 minutes, once per day.
4. OrthoPulse™ will automatically sync with compatible iOS and Android devices (indicated by a pulsing purple status light), but you will need to choose “Tap to Sync” at the bottom of the patient screen on an Android device. The most recent sync will be recorded in the bottom status bar of the app.

**Tip:** If the patient does NOT have access to a compatible mobile device, instruct them to bring their OrthoPulse™ to every appointment so that it may be synced. Devices have a limited memory and can store data for up to approximately 90 days. Syncing is crucial for archiving complete treatment history and tracking compliance.

Please remind patients to store the device in the plugged-in charging case while at home. Patients should store the device in the locked charging case when traveling to prevent damage and/or inadvertent battery depletion.

### The Extras

The device can be cleaned with a quick rinse and air dry in the charging case. There is no need to shake the device.

Patients can use the OrthoPulse™ app to turn on reminders to alert them daily, at the time of their choice, to do their OrthoPulse™ treatment.

In a patient's settings screen, you can turn on Invisalign® Tracking, so that patients may use the app to track their aligner progress and its comparison to their estimated conventional treatment time.

Reminders are also available to alert Invisalign® patients when it is time to advance to the next aligner.